

Date:	Week:
Topic: 3v3 Four Goal Game	Duration:
Theme/Stage:	Extra Equip:
Level: U5 and Up	
Coach:	



Set Up: Two teams, two goals at each end. Play 3v3. Coach is boss of balls

Web Link for video:

Coaching Points/ Questions

Technical:

Encourage players to enjoy the ball!

Tactical:

Psychosocial:

Physical:

To Adjust Difficulty:

Adjust teams to make good matchups

Notes: